Name _______________________________________

Answer the questions on this worksheet as you are shown the presentation/film to help you understand more about non-communicable diseases.

What does NCD stand for? _____________________________________________

Are NCDs passed from person to person (ie are they infectious diseases)? Circle your answer:

No Yes

What are the characteristics of NCDs? Circle your answer:

Slow progression & long duration Fast progression and short duration

Circle the NCDs in the list below:

Heart disease Flu Chicken Pox Asthma Meningitis

Diabetes Cancer

Can NCDs be prevented? (circle your answer):

Yes / No

Approximately how many people are killed by NCDs each year? _____________________________

Where do the majority of deaths occur? _____________________________________________

What are the 4 main risk factors for NCDs? ___________________________________________

How many people die from physical inactivity every year? 1.7 million 1.6 million 1.5 million

How many deaths does tobacco account for each year? 1.6 million 17.2 million 7.2 million

Name 3 ways NCDs be prevented.

________________________________________________________________________________________

________________________________________________________________________________________

________________________________________________________________________________________